



Medications to Stop Prior to Skin Testing

If you are scheduled for an allergy skin “scratch” testing, you must **stop** taking any medications that contain **antihistamines** as they will interfere with the results. Do not discontinue antidepressants/psychotropic medications or any other medications without first consulting with your prescribing physician. **Asthma medications** such as inhalers (i.e. inhaled steroid and bronchodilators), leukotriene antagonists (i.e. Singulair, Accolate) do not interfere with skin testing and therefore do **NOT** need to be stopped.

The following medications should be stopped 3 days prior to the skin testing:

GI Medications/Acid Reflex:

Axid
Cimetidine
Famotidine
Nizatidine
Pepcid
Ranitidine
Tagamet
Zantac

Antihistamine eyedrops:

Patanol (Olapatidine)
Zatidor (Ketotifen)
Alaway (Ketotifen)
Pataday (Olapatidine)
Emadine (emedastine)

Antihistamine Nasal Sprays:

Astelin (Azelastine)
Astepro (Azelastine)
Patanase (Olapatidine)
Dymista

The following are a list of medications that should be stopped 5 to 7 days before skin testing:

***most common**

Adapin	Clomipramine	Meclizine	Tacaryl
Advil Allergy	Cogentin	Norpramin	Tandur
Advil PM	Comtrex	Nortriptyline (7 days)	Tavist
Alavert	Contac	Nyquil	Temaril
Allegra	Coricidin	Pamelor	Theraflu
Allerhist	Cyproheptadine	Pediacare	Tofranil
Allertan	Desipramine	Pediatan	Triaminic
Amitriptyline (7 days)	Dimetapp	Periactin	Triavil
Anafranil	Diphenhydramine **(2 days)	Phenergan	Trimipramine (7 days)
Antivert	days)	Polyhistine	Trinalin
Asendin	Doxepin (7 days)	Promethazine	Tylenol Allergy
Atarax (7 days)	Dramamine	Protriptyline (7 days)	Tylenol Cold
Atrohist	Drixoral	Pyribenzamine	Tylenol PM
Aventyl	Durahist	Remeron	Unisom
BC Cold	Duratan	Resperidone (7 days)	Vicks
Benadryl **(2 days)	Dytan	Risperdal (7 days)	Vivactil
Bentyl	Elavil	Robitussin Cough, Cold & Allergy	Xyzal (7 days)
Benzotropin	Etrafon	Rynatan	Zonolon
Biohist	Excedrin PM	Ryneze	Zyrtec
Bonine	Fexofenadine	Semprex	
Brompheniramine	Hydroxyzine (7 days)	Seroquel (7 days)	
Carbinoxamine	Imipramine (7 days)	Sinequan	
Cetirizine	Limbitrolr	Singlet	
Chlortrimeton	Loratadine	Sominex	
Clarinet	Ludiomil	Sudafed Cold & Allergy	
Claritin	Levocetirizine (7 days)	Surmontil	
Clemastine	Marezine		

If your symptoms will not allow it or you have any problem with stopping any of the medications listed, please contact our office at (818) 561-4533